



BARE BARBIES

Ray I Race

GAME INSTRUCTIONS & MATERIALS

Summary

Who sports the heartiest hip thrust? Guests will show off their stroke game; speed, strength and stamina all count.

How to play

- [1] Hand out a pair of tights and two oranges to each guest. Number off each guest, and write their number on one of their oranges.
- [2] Guests must place an orange in one of the tights legs, whilst tying the other tights leg around their waist. The leg containing the orange should hang down their front, between their legs, dangling just above the ground.
- [3] Set a start and finish line, roughly 10 metres apart. Guests place their second orange on the starting line and stand behind it.
- [4] When the game starts, guests must thrust their hips so that the orange dangling in the tights tied around their waist swings and knocks their orange forward to the finish line.
- [5] For larger groups, you may need to play this game in rounds, with the fastest time winning.

Suggested materials

Two oranges per guest
A pair of tights per guest
A vivid marker

